



# Lake Balboa Turkey Trot in Van Nuys

## 5K Run/Walk & 1K Kids Gobble Gobble Run Thursday, November 26th at Lake Balboa Park

### Course:

Kick off your Thanksgiving Day with an invigorating run around Lake Balboa Park with abundant trees and scenic views of the lake.

### 5K/1K Run Awards:

- First three in each age division receive custom award.
- Nice goodie bag for all registered entrants.
- T-shirts for all pre-registered entrants and late entrants while supplies last.
- First three overall receive merchandise awards.
- All kids receive a finishing medal.

### Directions and Parking

Take 101 Freeway exit Balboa Blvd./Encino head north.  
Park address is 6300 Balboa Blvd. Van Nuys, CA

### Race Day Registration:

Same day registration starts at 6:45-8:20 am  
5K run/walk starts at 8:30 am  
1K Kids Gobble Gobble Run starts at 9:30 am

### To Pre-Register:

Mail check and completed entry form to:

**Try-Us Events**  
**P.O. Box 77054**  
**Los Angeles, CA 90007**

or register in [Active.com](http://Active.com)

**For more information email us at:**

**TryUsEvents@gmail.com**  
**or call (323) 491-0917**

**Make Non-Refundable check payable to "Try-Us Events"**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Day Phone \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
 Email \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_ T-shirt Size **S M L XL**  
 Age Division 18& Under \_\_\_\_\_ 19-29 \_\_\_\_\_ 30-39 \_\_\_\_\_ 40-49 \_\_\_\_\_  
 50-59 \_\_\_\_\_ 60-69 \_\_\_\_\_ 70+ \_\_\_\_\_

**Waiver:** I hereby release and discharge the City of Van Nuys, "Lake Balboa Turkey Trot", Race Director, Try-Us Events, and sponsors of responsibility from any injuries or damages I may suffer as a result of my participation in this event.  
I have read the entry information and certify my compliance by my signature.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent or guardian signature required for any participant under the age of 18.

**Early Entry Fee Before  
November 14, 2009**

**5K Run/Walk \$25.00**  
**1K Kids Run \$15.00**

**Late Entry Fee After  
November 14, 2009**

**5K Run/Walk \$30.00**  
**1K Kids Run \$20.00**